

**CARE YO LACATAN**  
**by Alban Henry**

Things so hard in St. Vincent  
Wuk as hard as me can  
Me plough up de groun  
Until sun go down  
Plantin me Lacatan

**Chorus**

So care yo lacatan care dem well  
To Geest Industry they sold  
Without me Lacatan notin go sell  
De product we call green gold

De rain fall down from de mountain  
De sun shine down from de sky  
Me wuk up fo so  
Wid me 5 – P hoe  
An' fertilize by and by....so

Day grow so handsome an' lusty  
Day look so healthy an' green  
De sprayman dey come  
An' spray all aroun'  
To keep me lacatan clean....so

De bunches bear out like magic  
The fingers thrive in de rain  
Me watch how they grow  
Wid suckers below  
And wrap dem with cellophane....so

Me cut me lacatan weekly  
The bunches full up so fast  
Me foam dem aroun  
Keeping dem soun  
Because me war dem fu pass...so

Things so hard in St.Vincent  
Wuk as much as me can  
Me get me reward  
Cause me wuk very hard  
Caring me lacatan....so